

CLASSIC DRIVER

'Wellness' at Home from Technogym



Whether you want to beat stress or work your body for the beach, Technogym's® range of professional home fitness equipment helps get you in your ideal physical shape, and bring you a sense of wellbeing. With its cutting-edge Italian design, Technogym's® [Wellness@Home](#) range incorporates features found in gym equipment adapted beautifully for stunning interiors.

Most top athletes around the world recognize Technogym® equipment from their training rooms. For home workouts the Technogym® UNICA Evolution provides an all-in-one solution that leaves no major muscle groups unworked - and all of this with a sophisticated, elegant design that means it gracefully fits in the homes with flair. Smaller than most multigyms, it occupies a metre and a half squared of floor space with a ground-breaking design that allows you to perform 25 different exercises without modifying a single element of the machine. All the exercises have been engineered to be pre-positioned, so you don't have to move from the seat.



The average American and European adult spends the equivalent of 2 months per year in front of the tv, not to mention the average child 27 hours per week. In reaction to these mind-boggling stats, national "TV Turnoff Week 2003" kicked off the last week of April and convinced more than 7 million Americans to switch off the tube.



Europe's number one Wellness company has been creating innovative machines for more than 20 years that encourage people to get up and move. With its new EXCITE Cardio-Line, feeling good feels good. State-of-the-art treadmills and bicycles are equipped with integrated touch-screen technology for TV and radio control. That way you can peddle with your favourite soap, run the field with your winning team or keep up with the daily newscast, without skipping a beat.

For more information please visit www.technogym.com

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